

# Puzzle Toys



The best thing you can do for you and your dog

**Why?**

Biologically speaking, puzzle toys give your dog the opportunity to perform breed and species appropriate naturalistic behaviors.

Fun Fact! Enrichment needs to be variable or it becomes boring. I suggest getting your dog 3 or more puzzle toys. This is not an extensive list, but a place to start.

Practically speaking, puzzle toys are like free training! Get your dog some extra exercise as they eat. All you have to do is fill it up, give it to your dog, and like magic your dog gets mental enrichment and physical stimulation without you having to do anything. Just sit back, relax and watch your dog get to work. They are great for days when your dog has not had enough activity. The trick is to give them to your dog before he gets himself into trouble.



**Omega Paw Tricky Treat Ball**  
This is my favorite level 1 puzzle toy. It is great for dogs of all shapes, sizes and skill level.



**West Paw Design Zogoflex Toppl** This versatile puzzle toy is great for strong chewers. It can be filled with kibble and soft food.



**JW Treat Tower** This is a great puzzle toy for dogs who are especially good at using their paws. It also has adjustable difficulty levels.



**Nina Ottosson Dog Brick**  
Every dog should have a Nina Ottosson puzzle toy. This is a great beginner one!



**Kong Gyro** This is my new favorite intermediate toy. It is similar to the tricky treat ball but the red ring makes it more challenging.



**Busy Buddy Magic Mushroom**  
This is a great challenging puzzle toy. It has an adjustable window to change the difficulty level.



When? I suggest feeding your dog a minimum of one meal a day in their puzzle toy. You can also give your dog a puzzle toy anytime he needs something to do and you are unable to provide attention.

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